

# Healthy Focus



ahealthyfocus.com

[Upcoming Events](#)

Healthy Focus invites you to our engaging, innovative courses focused on practical tips and tools that integrate the art and science of mental health, wellness, and mindfulness. We offer continuing education (CE), continuing professional development (CPD), networking events, workplace training, and community classes and workshops.



Healthy Focus Psychological Center, Inc. is approved by the American Psychological Association to sponsor continuing education for psychologists. Healthy Focus Psychological Center, Inc. maintains responsibility for this program and its content.

The California BBS and many other licensing boards recognize APA sponsored continuing education programs for license renewal. Please check with your state board.

**Attendance:** For certificates of attendance, participants must attend the program in its entirety.

**Refund Policy:** There are no refunds unless Healthy Focus needs to cancel an event.

**Accommodations Policy:** Please contact us at least 14 days prior to the event.

**Course Access:** For live virtual and in-person courses, there are no video recordings sent out. For pre-recorded courses, you will have instant access after registration and can access the course for up to one year from the date of purchase.

**Recordings:** Please note that we do not allow participants to record our courses.

**Disclaimer:** Healthy Focus Learning events are for educational purposes only and do not constitute a client and psychologist/therapist relationship.

At Healthy Focus, we welcome feedback and we are happy to answer any questions at [hello@ahealthyfocus.com](mailto:hello@ahealthyfocus.com). For all policies and grievance procedures, please visit our website [here](#).



For additional information or assistance with registration, please contact:  
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